# Title – Header 1 : Slammers Beach Volleyball –

Tagline: Fun and fitness for the whole family

Navigation:

## Page ? – About Us.html

## Who Can Play – header 2

<p> There are 800 million players worldwide who play volleyball at least once a week. Volleyball is a sport that is safe, fun and does not require extreme fitness. Since you don’t have to move around the court too much, it’s great for people who want a low-impact sport that will help them get fit without pushing them to their limit. For those who are a bit more competitive, the sport is fantastic because games can be really exciting and intense, but there’s always a net between you and your opponents. Beach volleyball is suitable for people of all ages, and men and women alike. </p>

<p class=”warning”>*Anyone considering starting a new sport or exercise program should see their doctor first.* </p>

## About Volleyball – header2

<p>Volleyball is a team sport played by two teams on a playing court divided by a net.

The sport originated in the United States, and is now just achieving the type of popularity in the U.S. that it has received on a global basis, where it ranks behind only soccer among participation sports.

There are 800 million players worldwide who play Volleyball at least once a week.

The object of the game is for each team to send the ball regularly over the net to ground it on the opponent's court, and to prevent the ball from being grounded on its own court. The ball is put into play by the right back-row player who serves the ball by hitting it over the net to the opponent's court. A team is allowed to hit the ball three times (in addition to the block contact) to return it to the opponent's court. A player is not allowed to hit the ball twice consecutively, except when attempting a block. The rally continues until the ball touches the ground/floor, goes "out" or a team fails to return it to the opponent's court or commits a fault.   
  
The team winning a rally scores a point (Rally Point System). When the receiving team wins a rally, it gains a point and the right to serve, and its players rotate one position clockwise.

The best of three or best of five games will win matches. Each non-deciding game will be won by the team that first scores 25 points with a minimum two-point advantage (no scoring cap). If there is a deciding game, it will be won by the team that first scores 15 points with a minimum two-point advantage (no scoring cap). </p>

**<a href =”Reproduced from** [**http://www.volleyball.org/whatis.html**](http://www.volleyball.org/whatis.html)**”; www.volleyball.org/whatis.html /a> *In my CSS style doc, will need to style ....***

## Footer on every page to include contact information:

## Contact

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Fax: 4771 2244

Address: 123 Pokemund Street, Cairsville

email: slammers@ gmail.com

*Right justify facebook and email links*

## Home Page – Announcements section

## Announcements

During August only, you can purchase 4 drinks for the price of 3 at the bar.

New teams get a 20% discount on registration for the next season. Link to membership form / registration / sign up.

Slammers Tournament: Get your nominations in now for the next 4-a-side weekend competition. Link to nomination form.

<p class= “attention”> *New season starts August 21st*. </p>

## Links

http://www.volleyball.org/ - Volleyball worldwide

http://www.fivb.org/EN/beachvolleyball/ - FIVB International Federation of Volleyball, Beach

avp.com – Association of Volleyball Professionals

## Sign-Up

We would like an online sign-up form so people can register their team on the site.

Data we need would be:

* Contact person name
* Contact phone number
* Contact email address
* Competition day (choose Monday – Saturday)
* Competition time (choose afternoon or evening)
* Tick-box for whether they have read and agree with our playing guidelines (below)

### Playing Guidelines

Participants in Slammers Beach Volleyball play at their own risk. Anyone playing is responsible for their own safety and should only play if they are capable. Check with your doctor before you begin.

Game fees must be paid prior to the start of the game. Games may be cancelled by players up to 4 hours before hand to get a refund. Without 4 hours' notice, participants will forfeit the game and be charged 50% of the game fee.

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